



MAYORS WELLNESS CAMPAIGN.

Register for Free Mental Health First Aid Training

When: Adult MHFA December 11, 2025

Time: 9:30 a.m.- 4:00 p.m.

Where: Virtual

Learn how to recognize and respond to signs of mental health challenges in your community.

Register online:

<https://njhcqi.info/2026MW>
CMHFA

Free trainings offered through the Mayors
Wellness Campaign thanks to the Horizon
Foundation for New Jersey

